

The Santa Barbara Stake is pleased to sponsor the
Multi-Stake Youth Conference 2023
Pioneer Handcart Trek

Santa Barbara, San Luis Obispo, Santa Maria, Newbury Park, Santa Monica Stakes

“Connections”

July 6 - 8, 2023

REGISTRATION FORM

Due by April 30, 2023

Ward _____	Stake _____	Youth Age _____
Full Name _____	Birth Date ____ / ____ / ____	
Street Address _____	<input type="checkbox"/> Male <input type="checkbox"/> Female	
City, St _____	Dietary Restrictions <input type="checkbox"/> Yes <input type="checkbox"/> No (see Medical Form)	
Zip _____	Best Night _____	
Parent or Guardian _____	Phone _____	
Print Name _____	Best Day _____	
	Phone _____	

Emergency Contact Information

Name: _____	Contact Phone _____
Relationship _____	Alternate/Cell Phone _____

Permission

I give permission for my child/youth to participate in the activities of the Multi-Stake Youth Conference 2023 Pioneer Handcart Trek. This authorization will cover this activity and travel to and from this activity.

_____ Signature of Parent or Guardian (for name printed above)	_____ Date of Signature
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Honor Code

I have read the “Standards of Dress and Conduct” and agree to follow it completely at all times during the Multi-Stake Youth Conference 2023 Pioneer Handcart Trek.

Signature of Participant

Trek 2023 is located on a private ranch in the mountains outside Santa Barbara
Trek website: <http://www.santabarbaratrek.com>

Submit this Registration to:
Ward Young Men Advisor/Young Women President, no later than April 30, 2023
No late registrations please

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Medical Contact Information

Youth Registrant Full Name _____	Home Phone _____	
Street Address _____	City, St _____	
Father's Name _____	Zip _____	Home Phone _____ Cell Phone _____
Mother's Name _____	Home Phone _____	Cell Phone _____
Emergency Contact _____	Home Phone _____	Relation-ship _____

Medical Information

Physician Name _____	Office Phone _____	Emergency Phone _____
Insurance Company _____	Policy Number _____	Office Phone _____
Surgery or Serious Illness In Past Year _____		Last Tetanus shot date _____
Has the Registrant Ever Had: <input type="checkbox"/> Asthma <input type="checkbox"/> Seizures <input type="checkbox"/> Allergic Reactions <input type="checkbox"/> Chronic Medical Cond. <input type="checkbox"/> Fainting Episodes		
Allergies, (e.g. Food, Medication, Plants, Insects) _____		
Other Comments / Special Needs _____		
Physical Conditions That Limit Activity _____		
Medically Necessary Dietary Restrictions _____		
	Vegetarian <input type="checkbox"/> Yes <input type="checkbox"/> No	

Parental Release Form and Waiver

I approve of my child's attendance at the Multi-Stake Youth Conference 2023 - Pioneer Handcart Trek (Trek). I certify that he/she is in good health and able to participate in the Trek activities. I give my consent for my son/daughter to receive medical attention that may be required in the event of illness or injury while attending the Trek and I agree to be responsible for any expenses incurred for such treatment. I hereby authorize the Trek Director, or designees, to transport my child, or have designated emergency services transport my child to a physician or hospital, if necessary. This authorization shall cover this activity, including transportation to and from it. I will not hold the Trek staff, Rancho San Fernando Rey and its employees, the Church of Jesus Christ of Latter-day Saints, and its ecclesiastical leaders liable for any injuries, mishaps, loss or damages. This information is confidential and is provided to the Trek Director, or designees, for the purpose of providing a healthy, safe camping experience for my child. This form may be shared with medical personnel.

Printed Name & Signature _____	Relationship _____	Date _____
Printed name	Signature	

Parental Agreement for Over-the-Counter Medications

I give permission for my child to receive Acetaminophen (Tylenol), Ibuprofen (Motrin), Diphenhydramine (Benadryl), Hydrocortisone cream, Tums or Pepto-Bismol, triple antibiotic ointment or similar medications while on the Trek.

Printed Name & Signature _____	Relationship _____	Date _____
Printed name	Signature	

Medication Administration on the Trek (for Youth on Regular or Prescription Medications only)

Please administer the following medication(s) to my child NOTE: ALL MEDICATIONS MUST BE IN ORIGINAL PRESCRIPTION OR NON-PRESCRIPTION CONTAINER, CLEARLY LABELED WITH CHILD'S NAME.

Medication Name _____	Dose _____	Schedule _____	Purpose _____
Printed Name & Signature _____	Relationship _____	Date _____	
Printed name	Signature		

This signed form is due with the registration by April 30, 2023

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STANDARDS OF DRESS AND CONDUCT

EXPECTATIONS

For Youth turning 14 in 2023, to 18 years old

By registering for Multi-Stake Youth Conference 2023 Pioneer Handcart Trek, you sign a pledge to uphold the standards found in the pamphlet “For the Strength of the Youth” and the standards listed on this sheet. Come ready to have a great time, but don’t miss all of the fun by failing to adhere to the standards.

Standards of Conduct

- Be courteous
- Be willing to fully participate
- Be willing to follow directions
- Use only appropriate language
- Be involved in activities that allow the Spirit to be present
- Thank those who assist you
- Seek ways to help others

Do NOT Bring - will be confiscated

- Matches, fireworks, candy, dangerous items, etc.
- Cell phones and other electronic media or communications devices, smart watch
- Weapons (i.e. real weapons, sheathed knives, pocket knives, toy, air soft, etc.)

Things to Bring-please label (limit 17 pounds)

**PLEASE SEE COMPLETE
PACKING LIST ON WEBSITE**

<http://www.santabarbaratrek.com>

STANDARDS OF DRESS

Young Men

- Well broken-in sturdy walking shoes
- Nylon blend, non-cotton “hiking type” socks
- Long sleeve shirts (no T-shirts)
- Broad brim hat (cowboy hat ok, no baseball caps or visors please)
- Long pants (suspenders optional) – no shorts
- Vest (optional)

Young Women

- Well broken-in sturdy walking shoes
- Nylon blend, non-cotton “hiking type” socks
- Long sleeved blouse (no T-shirts)
- Sun bonnet or hat (no baseball caps or visors)
- Long skirt or long dress – mid calf
- Form-fitting longer shorts (such as biking shorts) or well-fitting pantaloons to wear under skirt (to avoid chafing)