

PARTICIPANT'S PERSONAL EQUIPMENT LIST

This list is provided to help you gather the gear you will need to be a successful pioneer. Because of the weight and space limitations of our handcart design and our attempt to create an authentic pioneer experience, you will be limited to 17 pounds of gear. Your gear will be weighed prior to departure. You will need the items listed here, but please **DON'T BRING ANYTHING ELSE**. We cannot take it with us.

Things to bring – please label (Limit 17 pounds)

All items (except bedding & musical instrument) must fit in your sack

All Participants

- One sack lunch for first day (no cans or plastic – drink provided)
- Pillowcase size bag to hold all items
- Personal pioneer story (see website)
- 1 pair of good (worn in) shoes for hiking
- An additional pair of shoes for crossing rivers
- 3 pair of non-cotton “hiking type” socks
- 2 pair additional underwear
- Jacket or sweatshirt for cool evenings
- Toothbrush, toothpaste, deodorant, personal hygiene items
- Only medications listed on medication list
- Sleeping bag or bedroll
- 2 large black garbage bags
- Sunscreen, chapstick, hand sanitizer
- Insect repellent
- Flashlight
- Inexpensive scriptures
- Sunglasses
- Sturdy pie tin for dinner plate
- Spoon, fork, and drinking cup
- 1 pair of leather work gloves (can be cheap ones – protects hands while pulling handcart)
- 1 small hand towel and a comb or brush
- 1/4 bar of biodegradable soap
- 5 bandaids
- Moleskin (for blisters)
- Labeled personal 1 liter water bottle
- Pencil or pen
- SUNSCREEN

Standards of Dress – pioneer-oriented clothing

Young Women

- Nylon blend, non-cotton "hiking type" socks
- Long sleeved blouse - (no t-shirts)
- Sun bonnet or hat (no baseball hats or visors please)
- Long skirt or long dress (mid calf length advised to avoid tripping as pulling/pushing carts)
- Form fitting longer shorts (such as biking shorts) or well fitting bloomers to wear under skirt (to avoid chafing)
- Aprons (optional, though you might want one with large pockets for convenience)
- Feminine hygiene supplies
- Knee high nylon hose - recommended underlayer for socks (help with blisters, etc.)

Young Men

- Nylon blend, non-cotton "hiking type" socks
- Long sleeved shirts (cut off the collar) - (no t-shirts)
- Broad brimmed hat (cowboy hat okay, no baseball hats or visors please)
- Long pants (suspenders optional) - no shorts
- Vest (optional)

OPTIONAL ITEMS:

- A harmonica or other small musical instruments
- Non-cell phone camera
- Sleepwear (sweats or pjs) if you don't want to sleep in your clothes 😊

Do NOT Bring - will be confiscated

- Cell phones and other electronic media or communications devices; smart watch
- Matches, fireworks, dangerous items, etc.
- Weapons (sheathed knives, pocket knives, toy weapons, air soft, etc.)
- Jewelry, watches, wallets, cash, etc.
- Personal food or candy